

INSURANCE WORKSHEET

This worksheet is not a required part of the assessment process. It is a tool that I provide as a courtesy to my clients so they might get the most out of their health insurance when using my services. If you hope to submit the Superbill I will provide to you at the end of the evaluation to seek reimbursement by your insurance and would like to have an idea of what they might cover ahead of the evaluation, you can use this worksheet to guide your conversation when you call them.

One of the most important aspects of obtaining information from insurance ahead of the evaluation is to find out whether you need pre-authorization to have the evaluation covered. If you learn that pre-authorization is required, please let me know as soon as possible, so I can get started on that process.

Here are some questions to ask your insurance representative:

1. What is the coverage for a diagnostic interview (CPT code: 90791) by a licensed clinical psychologist who is **not** a panel member? (they will normally provide you with a percentage of the “allowable rate,” so make sure you ask them what the allowable rate is, and clarify the percent covered).
2. **If you are seeking therapy services from me and not testing**, ask the questions below, if you are seeking an **evaluation**, move on to item number 3.
 - a. What is the coverage for psychotherapy (CPT code: 90834 and 90837) by a licensed clinical psychologist who is **not a** panel member?
 - b. What are the number of sessions covered without pre-authorization:

3. Psychological Testing:

- a. What is the coverage for psychological testing by a clinical psychologist who is **not** a panel member? (CPT code: 96130, 96131, 96136, 96137). **Ask about the allowable rate for each of the CPT codes and the percentage covered for each.**
- b. Is there a limit on the number of hours covered for psych testing?
- c. Is pre-authorization needed:

2130 SW Jefferson Street, Suite 300, Portland, OR 97201
drnacragnolo.com/acragnolo@gmail.com
503.741.5557/fax: 503.297.5744

4. Neuropsychological Testing:

- a. What is the coverage for neuropsychological testing by a clinical psychologist who is **not a** panel member? (CPT code: 96132, 96133, 96136,96137)?
- b. Is there a limit on the number of hours covered for neuropsych testing?
- c. Is pre-authorization needed:

Is there a dollar limit on your outpatient mental health coverage: _____

Are there diagnoses that are excluded from coverage? _____

Amount of deductible: _____

Is deductible met? _____

Date you called: _____

Person you spoke to: _____

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